

As a professional actor in theatre/ film / television, **Sharon Heldt** has over 38 years experience in the business.

A graduate of Humber College Theatre Arts Program, Sharon is equally at home in comedy/ drama and the musical theatre stages. Sharon has worked all over Canada, most notably, Stratford Festival, Blyth Festival, Grand Theatre, Theatre Aquarius, Manitoba Theatre Company, Banff Advanced Actors' Workshop, Tarragon Theatre, Factory Theatre, Theatre Passe Muraille, Buddies in Bad Times, Drayton Festival, Theatre Collingwood, Lighthouse Festival Theatre and the last season on the treasured Red Barn stage in Jackson's Point.

Sharon also spent some time over the border performing in New York City's Musical Theatre Festival (NYCMF) with Top Gun! The Musical. Favourite roles include: Heidi in CABARET- Stratford Festival, Dottie- PAL JOEY- Tarragon Theatre, Lady Macbeth- MACBETH- Unplugged Productions, Olivia- TWELFTH NIGHT- Banff Advanced Actors Workshop, Rose- THE GINGKO TREE- Blyth Festival, Cynthia- THE CATERING QUEEN- Tarragon Theatre, Margot - THE LADIES FOURSOME, Wynn- THE LONG WEEKEND- Theatre Aquarius, Iris- LUNENBURG- Lighthouse Festival Theatre.

Film and T.V. credits include, 11/22/63 (Warner Brothers), Queer as Folk (Showtime), Avenging Angelo (Warner Brothers), Missing (Showtime), More Tears (CBC), and Borrowed Hearts (CBS) and a long list of North American national commercials. Sharon is also a recipient of a Tyrone Guthrie award from the Stratford Festival.

A drama teacher /arts educator for over 25 years, Sharon has experience teaching all age groups and has directed & been a dramaturge for over 40 children's productions. In 2006, Sharon began **ACTING OUT! Kids Theatre** in High Park for SK - Grade 12. She also runs a Drama and Musical Theatre Preparation Workshop for arts schools & coaches privately. To include the parents in the fun of improv, Sharon and Ed Sahely (Second City Alumni & Dora Award winner) teach Adult Improv in South Etobicoke at the Mimico Presbyterian Church.

Sharon has been a guest director for ESA (Etobicoke School of the Arts. Productions include: FIDDLER ON THE ROOF (Feb.2020) RAISE YOUR VOICE (2019), CABARET (2018), ON BROADWAY (2017) & A CHORUS LINE (2016)- All with 4 different casts!

Sharon has also had the pleasure of directing many colleagues from Toronto/Stratford musicals in the Jewish Festival's production of THE KIDS FROM BROOKLYN. It was a huge hit at the George Weston Recital Hall at the North York Performing Arts Centre.

Sharon's teaching experience includes several other venues including, YPT (Arts Educator/ 20 years/ Toronto/North York/Etobicoke locations and online!), ZAMARTS (Acting Instructor for Triple Threat Program,/ 20 years/Hamilton), ESA (Director-6 years), Cawthra Arts School ( 7 years- Guest Director) Queen Elizabeth P.S. (7 years-Guest Artist/ Mississauga) and various schools within the TDSB. Sharon is currently an adjudicator for the formerly named Sears Drama Festival (Ontario DramaFest).

[www.actingoutkidstheatre.com](http://www.actingoutkidstheatre.com), [www.sharonheldt.com](http://www.sharonheldt.com) @sharheldt