

BRIAR BOAKE

Briar was born and raised in Toronto and trained in acting, singing and dancing. She started her professional performance career in cabarets and corporate industrial shows travelling across North America and cruising the seas, as well as in roles on the stage and in TV and film. She acknowledges, with gratitude, her first gig in the Solid Gold Revue at Canada's Wonderland, where she met lifelong friends and colleagues. She was also lucky to entertain the Canadian troops in the Middle East and at Alert Bay, at the North Pole.

While raising 2 children, she did a segue into being a yoga instructor and movement specialist for all ages and abilities.

Briar often works with senior adults combining song and movement for a fun way to improve brain function and mind/body engagement.

She is the Singing Host in the Room 217 DVD collection for memory care called Pathways to Singing. She plays ukulele and has been singing and entertaining at many Senior's Residences and Long Term Care facilities in and around the GTA for over 15 years.